



# HEALTHCARE DIRECTORY

## AMBULANCE SERVICES

Emergencies 911  
 American Medical Response (505) 524-0222  
 Southwest MEDEVAC (505) 525-2660

## ASSISTED LIVING FACILITIES

Angel Care, LLC  
 Cottonbloom (505) 523-0300  
 Golden Mesa (505) 522-4219  
 Kare Inn (505) 524-0002  
 The Adobe (505) 527-2795  
 The Arbors of Del Rey (505) 382-5200  
 The Aristocrat Assisted Living Community (505) 521-8188  
**The Heritage Assisted Living** (see pg. 73) (505) 525-9215  
**University Terrace at Good Samaritan Village** (see pg. 67) (505) 522-1362  
**The Village at Northrise** (see pgs. 19 & 83) (505) 522-1110

## CLINICS & CENTERS

Ben Archer Health Center of Las Cruces (505) 382-9292  
 Family Practice Center at Memorial Medical (505) 521-5370  
 First Step Pediatric Center (505) 556-8175  
 La Clinica De Familia Inc (505) 526-1105  
 Mesilla Valley Healthcare Associates PA (505) 523-4880  
 NM Quickcare LLC (505) 532-2004  
**Rio Grande Medical Group LTD** (see pg. 72) (505) 532-8900  
 Southern NM Cancer Center (505) 556-8600  
 Terra Rosa Health Services (505) 522-1100  
 The Center For Pain Free Living (505) 541-1175  
**New Hope Cancer Center**  
**Bishnu J. Rauth, M.D.** (see pg. 73) (505) 522-5944

## COMMUNITY SERVICE CONTACTS

Alzheimer's Assn. - New Mexico Chapter (505) 647-3868  
 American Diabetes Association 888-DIABETES (505) 266-5716  
 American Red Cross (505) 526-2631  
 Children's Medical Services (505) 528-5077  
 March of Dimes Birth Defects Foundation (505) 523-2627  
 VA Outpatient Clinic (505) 522-1241

## DENTISTS

Brian Gilbert D.D.S. (505) 526-4334  
 Bridget Burris D.D.S. (505) 522-1983  
 David Sudimack (505) 522-4149

David Samaniego D.D.S. (505) 523-1479  
 Debbie L. Ashida D.D.S. (505) 526-5671  
 Daniel Boudro D.D.S. (505) 522-0454  
 Gentle Dental (505) 524-3722  
 James Margarit (505) 521-9375  
**Renee Trujillo, D.D.S., P.C.** (see pg. 65) (505) 526-0888  
 Joe Aday D.D.S. (orthodontics) (505) 522-1500  
 Las Cruces Dental Associates (505) 523-1479  
**Drs. Coniff & Gormely**  
**Pediatric & Adolescent Dentistry** (see pg. 61) (505) 522-8229  
 Marianne Day D.D.S. (505) 523-5589  
 Michael Pinholster D.D.S. (505) 524-8527  
 The Dentist's House (505) 526-2273  
 University Family Dental (505) 521-0127

## HEALTH CLUBS

Atrium Fitness Center (505) 522-2843  
 Curves For Women, Las Cruces  
 2801 Missouri at Telshor (505) 532-9462  
 2701 Picacho at Motel Blvd (505) 541-6117  
 3291 Del Rey at Hwy 70 (505) 382-9696  
 Desert Yoga Studio (505) 524-9642  
 Prime Time Fitness (505) 523-4988  
 Inner Balance Health and Fitness Center (505) 532-1074  
 Kahle's Gym (505) 644-5415  
 Luv 2 Workout Exercise Studio (505) 649-2020  
 Southwest Fitness Center  
 Tom Young's Fitness Center & Racquet Club (505) 526-4477  
 World Gym (505) 647-2000

## HOME HEALTH SERVICES

Abrazo Home Health LLC  
 Alpha Nurses (505) 524-2400  
 Always Caring Home Care Services INC (505) 589-4556  
 Ambercare Group (505) 556-8409  
 Coordinated Care Corp (505) 523-8885  
**Home Instead Senior Care** (see pg. 71) (505) 522-7133  
 Home Kare Inc of Dona Ana (505) 521-2663  
 Memorial Home Health (505) 556-6500  
 Mountain Shadows (505) 521-1366  
 Progressive Residential Services of NM (505) 523-8431  
**University Terrace Good Samaritan Village** (see pg. 67) (505) 556-2103  
 Wellcare Inc. (505) 524-8302



# HEALTHCARE DIRECTORY

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### HMO PROVIDERS

Blue Cross and Blue Shield of New Mexico	(866) 445-1396
Cimarron Health Plan	(800) 377-9594
Lovelace Health Plan	(800) 808-7363
Presbyterian	(800) 672-8880

### HOSPITALS – Las Cruces

#### Memorial Medical Center (505) 522-8641

[www.mmclc.org](http://www.mmclc.org)

286 beds - Community facility offering medical and surgical services including cardiovascular care, comprehensive oncology services, labor, delivery and recovery suites, imaging services, orthopedics, comprehensive laboratory services, pediatrics, neurology, critical care, and emergency care.

Patient's Rooms Information	(505) 521-5+ room number
Emergency Dept	(505) 522-8641
Human Resources	(505) 521-2286
	(505) 521-2230

#### Mesilla Valley Hospital (505) 382-3500 (800) 877-3500 [www.MesillaValleyHospital.com](http://www.MesillaValleyHospital.com)

86 beds - Community Based Service - Inpatient programs offered in adolescent psychiatry, adult psychiatry, chemical dependency, and geriatric services.

#### MountainView Regional Medical Center (505) 556-7600 (see pg. 61) [www.mountainviewregional.com](http://www.mountainviewregional.com)

172 beds - Community facility offering spacious, all-private patient rooms, state-of-art full-service emergency room, specialized Women's Center, comprehensive intensive care services, specialized cardiology center, in and out-patient surgical center, full-service, state-of-the-art diagnostic center, large, connected Medical Office Building, and community education courses.

Patient's Rooms MAIB	(505) 566-7+ room number
HR-Employment	(505) 556-7600
	(505) 556-7663

#### Rehabilitation Hospital of Southern New Mexico (505) 521-6400 (see pg. 72)

[www.ernesthealth.com/rhsnm](http://www.ernesthealth.com/rhsnm)

Designed solely for the provision of specialized rehabilitative care and is the only freestanding acute rehabilitation hospital serving New Mexico. Acute rehabilitation, nursing care and medical management for stroke, spinal cord injury, major multiple trauma, neurological disorders, orthopedic dysfunctions. Outpatient physical, occupational, and speech therapy. Services include aquatic, speech and respiratory therapy.

### HOSPITALS – EL PASO

Del Sol Medical Center	(915) 595-9000
Las Palmas Medical Center	(915) 521-1200
Providence Memorial Hospital	(915) 577-6011
Providence Children's Pavilion	(915) 577-7698
Rehabilitation Hospital	(800) 999-8392
Rio Vista Physical	
Sierra Medical Center	(915) 747-4000
Texas Tech Medical Center	(915) 545-6730

### PHARMACIES

Albertson's Sav-On Pharmacy	(505) 521-9842
Big K 1240 El Paseo Rd 3860 NE Main	(505) 523-8671 (505) 522-8603
Family Pharmacy, LLC	(505) 526-1599
Las Cruces Rexall Drug	(505) 524-2863
Rede Pharmacy	(505) 522-7484
Sav-On Drugs	(505) 541-1264
Walgreen's Drug Stores 3100 N. Main 1300 El Paseo Rd 2300 E. Lohman Ave	(505) 525-0298 (505) 525-9602 (505) 525-8708 (505) 647-8176
Wal-Mart Pharmacy 1550 S. Valley Dr. 571 Walton Blvd	(505) 523-6844 (505) 524-3501



# HEALTHCARE DIRECTORY

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### PHYSICAL THERAPIST

Atrium Physical Therapy (505) 525-2450  
The Back & Neck Institute (915) 881-8264  
Del Valle Physical Therapy and Rehab (505) 523-8080

**Millennium Chiropractic & Physical Therapy** (see pg. 73) (505) 521-0793  
Southwest Sport & Spine Center Inc (505) 521-4188  
The Center for Pain Free Living (505) 541-1175  
University Terrace at Good Samaritan Village (505) 522-1362

### PHYSICIANS - CARDIOLOGY

Associated Cardiology Consultants (505) 522-5353  
Dr. Guido Leon (505) 522-0300  
**New Mexico Cardiac Care, P.C.** (see pg. 62) (505) 521-3270  
Organ Mountain Cardiology (505) 532-1155  
**Southwest Heart** (see pg. 66)  
**Dr. Terry Boulware, M.D., F.A.C.C., F.S.C.A.I.** (505) 522-7247

### PHYSICIANS - CHIROPRACTIC

Dr. Lane Bauer (505) 524-4494  
Dr. Laura Carsner (505) 521-0707  
Dr. Edward Wade Richardson (505) 524-0400  
Dr. Sheila Williams (505) 525-2222  
Carson Chiropractic (505) 523-8604  
Chiropractic Care Center (505) 526-4226  
Daugherty Chiropractic (505) 521-0022  
Helping Hands Chiropractic (505) 541-9288  
**Millennium Chiropractic & Physical Therapy** (see pg. 73) (505) 521-0793

### PHYSICIANS - FAMILY

Dr. Denise Leonardi (505) 525-4000  
Dr. Isabel Vigil (505) 522-1628  
Christine Vancott (505) 532-6061  
La Clinica de Familia (505) 521-7181  
Robert Carmody (505) 532-8900  
Rio Grand Ear Nose & Throat (505) 521-3025  
**Rio Grande Medical Group, L.T.D.** (see pg. 72) (505) 532-8900  
Stefan Schaefer (505) 524-3346  
N.E.W. Urgent Care Center (505) 525-2700

### PHYSICIANS - ORTHOPAEDIC & SPORTS MEDICINE

Dr. Alan Davis (505) 521-1122  
Dr. Gary Barham (505) 521-9729

Las Cruces Orthopaedic Associates (505) 525-3535  
**Orthopedic & Neurosurgical Institute (ONI)** (see pg. 63) (505) 532-9755

### PHYSICIANS - PLASTIC & RECONSTRUCTIVE

Dr. Daniel Allen (505) 523-6554  
Dr. Clint Welsh (505) 521-1944  
Dr. Scot Martin (505) 521-7111  
Cosmetic & Laser Surgery of El Paso (505) 525-9060  
El Paso Cosmetic & Plastic Surgery (915) 351-1116

### PHYSICIANS - PEDIATRICS & OBGYN

Dr. Eileen Brown (505) 521-7227  
**Pediatrics After Hours** (see pg. 71) (505) 521-0630  
**Jenifer Lichtenfel, M.D., F.A.A.P.**  
**Hernan Ciudad, M.D., F.A.A.P.**  
First Step Women's Health Center (505) 522-4920  
Timothy Herndon (505) 524-4100  
Marco Duarte (505) 521-4777  
OBGYN Consultants (505) 522-4767

### PHYSICIANS - VASCULAR & VEIN TREATMENT

Dr. Kahlid Kahn (505) 522-1974

### PHYSICIANS - WOMEN'S HEALTH

Terra Rosa - Dr. Gail Ellison (505) 522-1100  
Women's Health Center (505) 532-2044  
Women's Medical Associates (505) 522-9793

### SANTA TERESA

Peak Hospital of Santa Teresa (505) 589-0033

### SPECIAL SERVICES

**Artisan Optical** (505) 527-8110  
**Randall I. Shadd** (see pg. 61)  
**Hear On Earth** (see pg. 65) (505) 526-3277  
**Mesilla Valley Hospice** (see pg. 98) (505) 525-5757

### STATE/COUNTY SERVICES

Doña Ana County  
Headstart Program (505) 647-8733  
New Mexico Department of Health (505) 528-5001  
Public Health Office (505) 528-5000